

Notification Date: August 13, 2024 Effective Date: August 22, 2024

Antithrombin Activity, with Reflex to Antithrombin Antigen, Plasma

Test ID: AATTF

Useful for:

Diagnosis of antithrombin deficiency, acquired or congenital

Reflex Tests:

Test ID	Reporting Name	Available Separately	Always Performed
AATTA	Antithrombin Summary Interp	No	No
ATTI	Antithrombin Antigen, P	Yes	No

Methods:

Chromogenic Assay

Reference Values:

Normal values:

80%-130%

Normal, full-term newborn infants have lower levels (> or =35%-40%) that reach normal values by 90 days of age. Premature infants (30-36 weeks gestation) have lower levels that reach normal values by 180 days of age.

Specimen Requirements:

Specimen Type: Platelet-poor plasma

Collection Container/Tube: Light-blue top (3.2% sodium citrate)

Submission Container/Tube: Plastic vial

Specimen Volume: 1 mL

Collection Instructions: 1. For complete instructions, see Coagulation Guidelines for Specimen Handling

and Processing.

2. Centrifuge, transfer all plasma into a plastic vial, and centrifuge plasma again.

- 3. Aliquot plasma into a plastic vial leaving 0.25 mL in the bottom of centrifuged vial
- 4. Freeze plasma immediately (no longer than 4 hours after collection) at -20 degrees C or ideally, at or below -40 degrees C.

Minimum Volume: 0.5 mL

Specimen Stability Information:

Specimen Type	Temperature	Time
Plasma Na Cit	Frozen	14 days

Cautions:

Heparin therapy may temporarily decrease plasma antithrombin activity.

Antithrombin activity in serum specimens may be significantly lower than in plasma.

CPT Code:

85300 85301 (if appropriate)

Day(s) Performed: Monday through Saturday Report Available: 1 to 3 days

Questions

Contact Bonnie Meyers, Laboratory Resource Coordinator at 800-533-1710.